

FASA IO3 Online Course

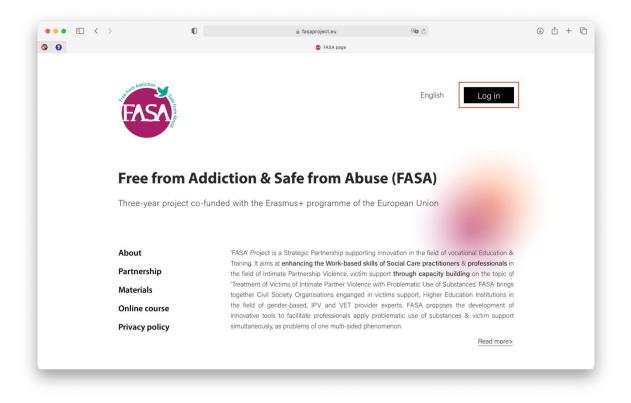
Within the framework of FASA project University of Tartu team has developed an online course. The course name corresponds with the project title "Free from addiction & Safe from abuse". Online course is based on the previous intellectual output of the project – IO2 Training manual. The main goal was to take the manual to the next step by transforming it to online course that is more accessible to the general audience. The course consists of seven modules. Each module is dedicated to one chapter of the training manual. The course structure could be found in the table below.

Module	Learning Outcome
1. Counselling Standards, Principles & Skills	Able to recall all the basic counselling principles
	Able to describe counselling Skills for IPV & PSU
	Able to apply counselling techniques for IPV & PSU
2. Correlation between IPV & PSU	Able to explain the co-existence of IPV and PSU
	Able to identify the barriers that Women dealing with co-existing IPV & PSU face
3. Comprehensive approach in treating victims of IPV with PSU issues	Able to recall the basic principles of good counselling, therapeutic practices, and interventions for women survivors of IPV with PSU issues
	Able to compare different approaches for treating victims of IPV with PSU issues
4. Designing & implementing an efficient intervention for addicted victims	Able to employ client's assessment
	Able to distinguish different stages of change model
5. Risk Assessment & Crisis Management Skills	Able to explain main purposes of Risk Assessment & its different approaches
	Able to categorize different risk factors

	Able to design a Safety plan for a client
6. Monitoring, Supervision & Assessment of treatment programme	Able to explain principles of monitoring and supervision of IPV & PSU services
	Able to describe main indicators of IPV services' assessment
7. Multi-agency cooperation & outcomes	Able to identify limiting & enabling factors to multi- agency cooperation

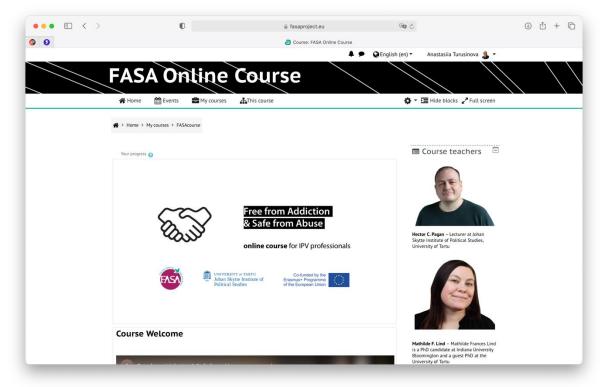
Each module consists of one pre-recorded video lecture and a little quiz. Course participants will have to watch a video lecture & attempt the quiz. Upon completion, they will get access to the next module's materials. The course is designed in principles of self-paced learning. There are no deadlines and one can move on with their own comfortable study speed.

The course is free and openly accessible of <u>FASA website</u>. In order to open it, a person has to login to the page by pressing the "Log in" button (like on the picture below). Then there is a short registration process required. This is done to allow the study platform to track student's progress. So that every time course participant is visiting the page, they don't have to start the course from the beginning.



The course itself is fully translated to five partner languages: English, Greek, Spanish, Icelandic and Estonian. The video lectures are in English, but fully subtitled.

This is how the study environment looks like:



All the video lectures are also freely available on Youtube for easier access. There is a special <u>Youtube playlist</u> created where each lecture is followed by another.